



Winter Stock Up List



WINTER FOOD BASICS	
Canned Food	
Peanut Butter/Nutella/Jam	
Shelf-Stable Milk	
Bottled Water	
Honey	
Dried Fruit	
Crackers	
Beans	
Baby Food/Formula	
Instant Coffee/Tea Bags	

EMERGENCY SUPPLIES	
Flashlights	
Wireless Radio	
Batteries	
First Aid Kit	
Blankets	
Extra Prescription Medication	
Snow Shovel	
Candles/Lighter	
Solar Charger for Phone	

EXTRA HOUSEHOLD ITEMS	
Matches	
Toilet Paper	
Baby Wipes/Diapers/Bottles	
Non-Electric Can Opener	
Pet Food and Supplies	
Paper Towels	
Hand Sanitizer	
Feminine Hygiene Products	
Trash Bags	

WINTER CAR SUPPLIES	
Blankets	
De-Icer Spray	
Gloves/Hats/Scarf	
Road Flares	
Tire Chains	
Emergency Food Kit	
Jumper Cables	
Cell Phone Charger	
Ice Scraper	
Kitty Litter (for traction)	